Online Informed Consent

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Researchers’ statement

We are asking you to participate in a research study. The purpose of this consent form is to give you the information you will need to help you decide whether to be in the study or not. Please read the form carefully. After reading through the consent form, you may decide if you want to be in the study or not. This process is called “informed consent.”

PURPOSE OF THE STUDY

We are interested in the emotion regulation of often stigmatized individuals in Seattle (e.g. LGBTQ+, ethnic minority, etc.). Emotion regulation denotes how a person perceives and copes with their positive and negative emotions. It is an important component of a person’s psychological well-being. In addition, we also aim to explore the relationship between emotion regulation and alcohol use.

STUDY PROCEDURES

If you choose to participate in this study, we would ask you to first answer a few screening questions to see if you are eligible for the study. After the screening questions, you will be answering a survey regarding how you cope with your feelings and emotions and how often you use alcohol. It is important that you answer these questions as candid as you can.

RISKS, STRESS, OR DISCOMFORT

You may experience mild stress while participating in this study, but it should be no more than stress experienced when taking other online quizzes regarding emotions. Data collected might be used for other future studies. There is also a small risk of data leak, but there will be no way to link your response back to you. If you feel uncomfortable, you can terminate your involvement in the study at any time by closing this window.

BENEFITS OF THE STUDY

You will not directly benefit from taking part in this research. However, participation in this experiment will benefit society by improving our understanding of emotion status of
stigmatized individuals and assisting researchers and counselors in meeting the mental health need of this group.

CONFIDENTIALITY OF RESEARCH INFORMATION

The research team will not record any identifiable information from your survey.

OTHER INFORMATION

Only participants 18 years of age or older may complete this study. You may refuse to participate and you are free to withdraw from this study at any time without penalty or loss of benefits to which you are otherwise entitled. All information will be kept confidential. Data may be stored for future study. If you think you have been harmed by this research or have any question, contact Chao Qin at robertqc@uw.edu, Shiyu Tang at shiyut3@uw.edu, or Joey Lu lzy94@uw.edu immediately. They will help you or refer you for treatment.

The result of the study will not be specifically disclosed to participants. The research data obtained here might also be used for other future study pertaining to the same topic.